



# Fort Riley Public Health Department

“Protecting the Health of Our Community”

Public Health Newsletter  
June 2026

## National Safety Month: Protecting Our Soldiers, Families, and Communities

**Each year, National Safety Month serves as an important reminder that safety is everyone’s responsibility—both on and off duty. For military communities, safety is more than a workplace priority; it is essential to mission readiness, family well-being, and protecting the health of those who serve our nation.**

**Soldiers and military families face unique challenges and demands. Whether at work, at home, during training, or traveling, making safe choices every day helps prevent injuries, reduce stress, and strengthen the overall readiness of our force.**

### Safety Supports Readiness

A healthy and safe soldier is a ready soldier. Preventable injuries and illnesses can affect not only individual service members, but also units, families, and mission capability. Practicing safety in all environments helps ensure military personnel remain physically and mentally prepared to perform their duties.

Important safety practices include:

- Wearing proper protective equipment during work and training activities
- Using safe driving habits, including seatbelt use and avoiding distracted driving
- Practicing heat injury prevention and hydration during outdoor activities
- Following firearm and equipment safety procedures
- Maintaining physical and mental wellness

Reporting unsafe conditions or hazards promptly  
Small actions can prevent serious injuries and save lives.

### Building a Culture of Safety

Safety is most effective when it becomes part of daily routines and organizational culture. Leaders, healthcare teams, soldiers, civilian staff, and family members all contribute to maintaining safe environments through accountability, communication, and teamwork.

National Safety Month is an opportunity to recommit ourselves to protecting one another through smart decisions, situational awareness, and proactive prevention.

### Safety Begins at Home

Safety awareness extends beyond the workplace. Military families also play a vital role in creating safe environments at home and in the community. Taking steps to prevent accidents, prepare for emergencies, and support overall wellness helps protect loved ones and strengthens family resilience.

Families can support safety by:

- Creating emergency plans and maintaining emergency kits
- Practicing fire safety and home hazard prevention
- Ensuring proper child and vehicle safety practices
- Encouraging healthy stress management and open communication

Staying aware of seasonal and environmental safety risks

### Every Action Matters

Safety is not just a policy—it is a commitment to caring for ourselves, our teammates, and our families. By making safety a daily priority, we help preserve readiness, protect our communities, and ensure that those who serve can continue to do so safely.

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### Future Health Observances

- ★ July-Minority Mental Health
- ★ Aug.– National Immunization
- ★ Sept.– Food Safety & Suicide Prevention

Scan this QR code to access trusted information, tips, and resources from the National Safety Council

